



Dam Neck Fitness & Sports



2012 Captain's Cup Sports Highlights



Event	Competition Type	Event Date	Entry Deadline
Intramural Basketball	League & Tournament	January 9	January 6
Over 30 Basketball	League & Tournament	January 9	January 6
Raquetball	Tournament	February 7	February 3
Bowling	League & Tournament	February 13	February 10
Indoor Volleyball	League & Tournament	March 6	March 2
March Madness 5K	Road Race	March 21	March 21
Softball	League & Tournament	April 18	April 13
Kickball	Tournament	May 23	May 18
Tug Of War	Tournament	June 12	June 8
Wallyball	Tournament	June 27	June 22
4x4 Sand Volleyball	Tournament	July 10	July 6
Flag Football	League & Tournament	August 21	August 17
Tennis	Tournament	August 28	August 24
Dodgeball	Tournament	October 25	October 22
Veterans Day 5K	Road Race	November 7	November 7

EXERCISE YOUR OPTIONS

For more information, please call 492-7905.

DM-11-175-EM



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 OCDNLIBERTY, OCDNMWR or OCDNTHEATER

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