

## **EQUESTRIAN STABLES**

### **NAS Oceana**

875 D Avenue, bldg. 85

757.433.3255

Daily, 8 a.m. to 4 p.m.

### **Guided Horse Trail Rides**

Horseback riding is one of the best ways to enjoy natural beauty on horseback. Oceana Stables offers two one-hour guided trail rides on Saturday and Sunday, all year round (weather permitting). Trail rides accommodate up to eight riders and are based on the least experienced rider, nine years of age minimum. Horses are assigned based on the riders experience level. Advanced reservations are required.

Trail Rides: Saturday & Sunday, 10 a.m. to 12:30 p.m.

Pony Rides: Saturday & Sunday, 9:30 a.m. to 2 p.m.

Birthday Parties: Saturday & Sunday, 10:30 a.m. to 1:30 p.m.

Activities available to military (active, retired, reserves, families and guests.)

### **Horseback Riding Lessons**

Oceana Stables offers horseback riding lessons suited for youth and adults, new or seasoned students, at any level from beginner to advanced. We provide English Pleasure, Dressage, Eventing, and Western instruction. Group lessons are one hour each and given once a week for 10 weeks Tuesday through Friday after school and on Sunday afternoon. We also offer a Pony Pals lesson program for ages five to eight. More experienced riders can expect to work on refining their riding skills. Call for schedule details.

